



Shelford Delicatessen

KITCHEN DELICATESSEN CAFÉ

Our Values

Wholesome food made on premises
Natural, sustainably-produced ingredients
Friendly environment that is part of the community
Family business that is passionate about food
Unique

Keep in the loop:   

Drinks Menu

Coffee

We sell Monmouth Coffee company beans (whole or ground), single cone filter coffee and espresso based drinks using Organic Jersey whole milk. Ask if you'd prefer decaf, semi-skimmed or soya milk. Monmouth provide beans from single farms, estates & cooperatives and roast to order for us. They form sustainable, fair and equal trade relationships with growers & exporters and travel extensively throughout the year visiting farmers, producers & cooperatives. They re-profile their roasts each time they buy a new coffee and as the current coffees develop and change over time. All our Baristas are trained through Monmouth Coffee Company on Maltby Street, Bermondsley, London. Please ask about today's filter coffees & the espresso blend we are currently using.

Every morning at the Deli we take our time to 'dial in' each coffee - adjusting the grinder settings and coffee:water ratios in search of the best possible flavour. Precise brewing & attention is essential. We also love to get to know you & your coffee so we can make it just how you like it. It's a fine start to a good day when you have a tailor-made coffee in your hand.

Espresso.....	£2.05
a double shot of our awesome espresso blend from The Monmouth Coffee Company	
Macchiato.....	£2.20
a double espresso shot 'stained' with a dash of hot milk	
Cappucino.....	£2.75
a double espresso topped with hot, dry, velvety milk and your choice of chocolate or cinnamon	
Latte.....	£2.75
a double espresso finished with hot, flat, silky milk	
Flat White.....	£2.60
a double espresso shot blended with hot, flat milk. Shorter and stronger than a latte	
Filter coffee	£2.45
fresh ground, single estate Monmouth beans (ask for what's on today) served long and bursting with flavour from the single cone filter technique. The Queen of black coffees	
Americano.....	£2.20
espresso shot poured over hot water, traditionally a short-cut recipe for a black coffee when no filter is available. We would recommend the Filter every time as Americano has far less flavour	
Mocha.....	£2.75
a double espresso blended with hot milk and Montezuma's 70% organic cocoa chocolate drops	

Hot Chocolate.....	£2.75
our own Deli mix of organic fairtrade cocoa powder, sugar and vanilla seeds blended with hot silky organic milk	
Kids Hot Chocolate.....	£1.85
a smaller version of the above, can be served cooler on request. Add marshmallows for 50p	
Babbacino.....	£0.95
Warm velvety organic milk topped with Fairtrade cocoa powder for kids, can be served cooler on request	

Tea

Our beautiful teas all originate from Sri Lanka. As well as the climate and soils providing the perfect conditions for growing tea, Sri Lanka's location close to the equator means that all of the tea crops are naturally higher in antioxidants than other teas.

We supply Mortier's Tea from local lady Rochelle Mortier. Born in Sri Lanka, Rochelle created Mortier's Fine Ceylon Tea to bring classic single estate Ceylon teas to UK tea drinkers. Unblended natural tea direct from tea estate to cup.

We also sell Tea from Kandula Tea Company which is an independent UK tea company based in the heart of East Anglia. Kandula offer a range of premium whole leaf blends & infusions. The company forms long-term relationships with tea producers and the estate communities, and are based in both the UK & in Sri Lanka to oversee the picking and blending.

Mug of speciality tea	£2.00
Ceylon: English Breakfast, Earl Grey or Green tea, Kandula herbal teas & tisanes	

Chilled drinks

We only stock fairtrade soft drinks because life's too short.

One Mineral Water	- 100% of their profits funds water projects in Africa	still/sparkling	£2.20
James White Juice	- from Whites Fruit Farm in Ashbocking, Suffolk	small bottles	£2.95
	<i>carrot & apple, lemon/orange refresher,</i>	large bottles	£5.20
	<i>ginger beer, pear & raspberry, apple & elderflower</i>		
Ubuntu Cola	- Fairtrade. Is there such a thing as craft cola? If so, this is it		£2.20
Charitea	- Real brewed, organic ice tea from Fairtrade. Green or Black		£2.20
Lemonaid	- Squeezed from Organic fruits without squeezing the growers		£2.20
Small Fairtrade	- Fruit Hit juice cartons		£1.85
	- Fruit Hit Smoothies		£2.00
Breakland PoshPop	- locally-made tangy, natural, traditional drinks bursting with flavour		£2.00
Johnson's Freshly squeezed Orange Juice			£2.00

Bottoms up!

We sell a range of fine wines using the skill and expertise of long established local independent wine merchants Noel Young Wines from just up the road in Trumpington., (some fantastic wine coming from Noel's own Vineyard 'Magpie Estate' that he co-owns in the Barossa Valley, Australia)

We stock craft ales made by Blackbar brewery mastermind Joe Kennedy based in Harston, and Moonshine Brewery based on Shelford Road in Fulbourn, both celebrated local independent microbreweries. Also many other interesting craft beer breweries (Old Friends, Wiper & True, Brouwerij de Molen & The Kernel) our range is growing quickly. Check the Deli shop for inspiration on what to choose.

Locally brewed Craft Beer	by the bottle	£4.00
House Wines	by the glass	£4.00
	by the bottle	bottle price + £4 corkage

Wines we stock may contain sulphites, egg or milk products. Craft beers contain gluten but we do stock a gf alternative. Please ask a member of staff should you require guidance. ABV's may vary